

### **Zoos:**

- Cincinnati Zoo
  - <https://www.facebook.com/cincinnati-zoo/>
  - Home Safari Live Videos Daily
- San Diego Zoo
  - [Videos](#)
- Georgia Aquarium
  - [Southern Sea Otter Webcam](#)
- <https://nationalzoo.si.edu/webcams>
- [Polar Bear Cubs Camera - Live Zoo Cam](#)

### **Parks:**

- Disney World and Disneyland Rides
  - [Psst! Take Your Kids On Virtual Rides While Disney Parks Are Closed Due To COVID-19](#)
- [https://www.blogto.com/sports\\_play/2020/03/canadas-wonderland-now-doing-virtual-roller-coaster-rides-you-can-take-home/?fbclid=IwAR2RB0VZlv2payG1BCunhdEPB34Zcyg3XGtgrc7eTI-AZDZrdC09Ra59zgc](https://www.blogto.com/sports_play/2020/03/canadas-wonderland-now-doing-virtual-roller-coaster-rides-you-can-take-home/?fbclid=IwAR2RB0VZlv2payG1BCunhdEPB34Zcyg3XGtgrc7eTI-AZDZrdC09Ra59zgc)

### **Virtual Field Trips:**

- [HUGE List Of VIRTUAL Field Trips Your Kids Can Take From Home!](#)
- [25 Amazing Virtual Field Trips For When You Can't Be There in Person](#)
- [20 Virtual Field Trips to Take with Your Kids](#)
- Hogwarts Digital Escape Room
  - [https://docs.google.com/forms/d/e/1FAIpQLSfINxNM0jzbZJjUqOcXkwhGTfii4CM\\_CA3kCxImbY8c3AABEA/viewform?fbclid=IwAR1mSsdCZcWbjfMEXWM1Cule2kQxy2bqHM4azatWqoECqvrhC9xuma2NcU4](https://docs.google.com/forms/d/e/1FAIpQLSfINxNM0jzbZJjUqOcXkwhGTfii4CM_CA3kCxImbY8c3AABEA/viewform?fbclid=IwAR1mSsdCZcWbjfMEXWM1Cule2kQxy2bqHM4azatWqoECqvrhC9xuma2NcU4)

### **Mental Health:**

- Headspace App
  - <https://www.headspace.com/invite/tq1ck>
- Breethe App
  - [Breethe](#)
- Sanvello App
  - [Sanvello for Stress & Anxiety on the App Store](#)
- Calm App
  - [Let's meet this moment together](#)
- <https://www.psychologytools.com/articles/free-guide-to-living-with-worry-and-anxiety-amidst-global-uncertainty/?fbclid=IwAR0NHVPy22743QVLrhQMuycGFcRz5isIAdJGQ4YFjydwtUAuLgsmVnYsTDg>
- <https://apple.news/AYQcDeQzYSSG88iJS-0ilcQ>

### **Education:**

- The Science of Well-Being Class at Yale
  - [Yale is offering its most popular course online free](#)

### **Museums:**

- [https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours?utm\\_source=facebook.com&utm\\_medium=social&utm\\_campaign=social-share-article&utm\\_content=20200316](https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours?utm_source=facebook.com&utm_medium=social&utm_campaign=social-share-article&utm_content=20200316)
- [https://totallythebomb.com/you-can-take-virtual-tours-of-museums-for-an-online-field-trip-with-your-kids?fbclid=IwAR1IoM8l8XBkFiTRgmny5GR2zWlzJNi7\\_YI1777WpedVf4ZWkAfhRuOD9iE](https://totallythebomb.com/you-can-take-virtual-tours-of-museums-for-an-online-field-trip-with-your-kids?fbclid=IwAR1IoM8l8XBkFiTRgmny5GR2zWlzJNi7_YI1777WpedVf4ZWkAfhRuOD9iE)

### **National Parks:**

- <https://totallythebomb.com/heres-33-national-park-tours-you-can-take-virtually-from-the-comfort-of-your-home?fbclid=IwAR28OVVTounbQgZsL2X8aXaifYFs5avELT0MivlxNKDPZeXpWd40wOyR9J8>

### **Kids:**

- Coronavirus Comic
  - <https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus?fbclid=IwAR38T6sXjuKpRsp1-DckqWkBTqnRBjIRdLyNnQYNp2m98AUa2JITHzlyBlO>
- What Kids Need to Know
  - [https://www.usatoday.com/in-depth/graphics/2020/03/20/coronavirus-kids-has-changed-everything/2864140001/?build=native-web\\_ip&fbclid=IwAR31U201v7WnyWzP8sm-2iADOGfsDCb3qBBGCCwL3E2j58vYnaL5Xtp2Hsl](https://www.usatoday.com/in-depth/graphics/2020/03/20/coronavirus-kids-has-changed-everything/2864140001/?build=native-web_ip&fbclid=IwAR31U201v7WnyWzP8sm-2iADOGfsDCb3qBBGCCwL3E2j58vYnaL5Xtp2Hsl)
- How to Talk to Kids About Coronavirus
  - <https://www.pbs.org/parents/thrive/how-to-talk-to-your-kids-about-coronavirus?fbclid=IwAR3otyzmODyuewM8hCSWy04kQBOdEI11T-TL8P1Fysy-SQK-6B6nfh9ZXnQ>
- Draw Mickey Mouse
  - [https://disneyparks.disney.go.com/blog/2020/03/draw-mickey-mouse-at-home-with-a-disney-parks-artist/?fbclid=IwAR20iPHnkHMC5V2QtRQ-dU\\_Vkb2eBJULsx-1OPn-bzWMOFRGbAJ5Oq8TIPM](https://disneyparks.disney.go.com/blog/2020/03/draw-mickey-mouse-at-home-with-a-disney-parks-artist/?fbclid=IwAR20iPHnkHMC5V2QtRQ-dU_Vkb2eBJULsx-1OPn-bzWMOFRGbAJ5Oq8TIPM)
- [https://momypoppins.com/kids/50-easy-science-experiments-for-kids-fun-educational-activities-using-household-stuff?fbclid=IwAR3NoFjR0YXn5rThVAyZMuMOozY39emRa235hw\\_iihCTjtuXGNDIMarZsNw](https://momypoppins.com/kids/50-easy-science-experiments-for-kids-fun-educational-activities-using-household-stuff?fbclid=IwAR3NoFjR0YXn5rThVAyZMuMOozY39emRa235hw_iihCTjtuXGNDIMarZsNw)

### **Book Reading:**

- [Story Time From Space: In-Orbit Readings and Science to Encourage STEM](#)
- [https://stories.audible.com/discovery?ref=adbl\\_ent\\_anon\\_sc\\_ds\\_hn](https://stories.audible.com/discovery?ref=adbl_ent_anon_sc_ds_hn)

### **Exercise:**

- [Yoga with Adriene](#)
- [Peloton Digital | The best workout app for cycling classes, bootcamp classes, running classes and outdoor workouts.](#)
- FitOn App
  - <https://apps.apple.com/us/app/fiton-fitness-workout-plans/id1442473191>

**Recipes:**

- [https://www.americastestkitchen.com/collections/50-americas-test-kitchen-recipes-you-need-now?extcode=NSAKC17FB&utm\\_source=facebook&utm\\_medium=photo&utm\\_content=brownsodabread&utm\\_campaign=atkfacebook&fbclid=IwAR0wXlbOQMNLkxLY0dEMzeSHhqM9b-c3LAOH3GNH2sp5K5HO-osTZgdKkw](https://www.americastestkitchen.com/collections/50-americas-test-kitchen-recipes-you-need-now?extcode=NSAKC17FB&utm_source=facebook&utm_medium=photo&utm_content=brownsodabread&utm_campaign=atkfacebook&fbclid=IwAR0wXlbOQMNLkxLY0dEMzeSHhqM9b-c3LAOH3GNH2sp5K5HO-osTZgdKkw)

**Musicals:**

- <https://www.dailymotion.com/video/x794fem>
- <https://www.playbill.com/article/15-broadway-plays-and-musicals-you-can-watch-on-stage-from-home>

Enjoy!